



ST. JOSEPH THE WORKMAN CATHOLIC CHURCH

Pastor: Fr. Jeff Norfolk
 Ph: 605-594-3750 • Fx: 605-594-2017 • M: 605-659-5088
 Email: frjeffnorfolk@sfcatholic.org • Mailing address: PO Box O, Garretson, SD 57030
 St. Joseph Parish located at the corner of 464th and 245th
 Physical address: 46408 245th, Colton, SD 57018
 Website: www.stjosephhuntimer.org

Bulletin submission: bulletin@stjosephhuntimer.org by Thursday 10:00 am

March 10, 2019 1st Sunday of Lent

Mass Schedule

Sun, 3/10 – 8:30 am *People of our Parish*
 Tues, 3/12 – 9:00 am *+Alan Brown*
 Thurs, 3/14 – 9:00 am *The Family of Dennis Bruggemann*
 Sun, 3/17 – 8:30 am *People of our Parish*

► **The Holy Rosary is prayed before Sunday Masses.**
 ► **Confession is available before Sunday Mass and after every daily Mass.**

► **Prayer for healing** for those who are suffering in any way is available after each daily Mass. After daily Mass if you simply ask and let Fr. Jeff know that you would like he and the team of intercessors to pray with you, they would be happy to do so.

► **Keys to the church** are available for those who would like to come into the church for Adoration.

In Christ – Fr. Jeff Norfolk

We are fortunate to have Bishop Swain present to celebrate the Sacrament of Confirmation for the students from Saint Rose of Lima in Garretson and our own parish. I am grateful to Christy Oberg for the help that she has provided to prepare these students. Please be sure to congratulate them and continue to pray for our students.

LENTEN REGULATIONS FOR CATHOLICS:

- Ash Wednesday and All Fridays of Lent: Abstain from eating meat
- Ash Wednesday and Good Friday:
- Fast = Only one full meal + 2 small meals
- No eating between meals on these days.

IDEAS FOR LENT

- Prayer
- Ask for the grace to set aside ten minutes at home to pray each day.
- Ask for the grace to join us for 9:00 A.M. daily Mass on a Tuesday or Thursday.
- Ask for the grace to make a weekly decision to come to Eucharistic Adoration: 7:45-8:45 Tuesdays and Thursdays.
- Please remember that if you have a key to the church the tabernacle has a small door on the front that can be opened any time for Eucharistic Adoration.
- Take from the parish and daily read and pray from one of the Lenten booklets/resources available.
- Ask for the grace to take time to examine your conscience and go to the Sacrament of Confession.

FASTING

- Ask for the grace to grow in hatred of your sin.
- What are you attached to? Ask for the grace to give it up.
- What is a comfort in your life that you can't imagine living without? Ask for the grace to give that up.

	Mar 10	Mar 17
SERVERS	Nick Wolles Chloe Hass Owen Mersch	Austyn Burggraff Cora Boysen Ledger Burggraff
GREETERS	Brian & Mary Peters	Dan & Sharon Siemonsma
GIFTS	Doug & Julie Eppard Family	Dale & Rita Bunkers
EX. MIN	Sandy Brown Dale & Rita Bunkers Mary Schroeder Bert Burggraff	Bob & Diane Reiff Linda Pudenz Susie O'Hara Joan Cramer
LECTOR	Christy Oberg	Jenifer Kahler
ROSARY	Andrew Welbig	Sandy Brown
USHERS	David Gillespie Josh Burggraff	Matt Vogel Tim O'Hara

- Ask for the grace to spend less time watching TV or on the computer. Use that time to pray and do spiritual reading.
- Ask for the grace to give up dessert except for on Sundays.
- Ask for the grace to create a curse jar that you put money into every time you curse or use God's name in vain.

ALMSGIVING

- Ask for the grace to live Sunday as a day of rest. Instead of going shopping spend time with your children or grandchildren.
- Do you currently tithe to the parish or a charity on a weekly/monthly basis? Ask for the grace to be more financially generous.
- Have you responded to the Catholic Family Sharing Appeal this year? Ask for the grace to pray for the needs of others and to share financially to assist the needs of others in Eastern South Dakota.
- Ask for the grace to fill a rice bowl with money.
- Visit a friend or family member who is homebound or in a nursing home. Ask for the grace to be more generous with your time.

Prayer for a New Bishop

Heavenly Father, you sent Jesus to shepherd your people and the Holy Spirit to make your people one. Look with favor upon those who will select our new bishop. Give them your vision and let their judgment be clear. Speak your will to them. We thank you for our past shepherds and the blessings they have been for the people of this diocese. Lord, send your Holy Spirit to anoint our new bishop that he may continue the work of renewal in the Church, and unite our parishes, priests and people in love, truth and wisdom. Give him a true shepherd's heart like that of Jesus, that he may give strength to the weak, heal the brokenhearted, console the lonely, bring back the wandering and be a power against the evil of our day. In the powerful name of Jesus we pray.

FORMED

How to sign in:
Go to www.formed.org
Click on Register 3. Insert parish code BQCDWF
Input your information
You will then be able to use any of the resources that are on this platform.

PARISH INFO

SACRAMENTS

- **Penance** – Eucharistic Adoration and Confessions will be available before Sunday Mass and after every daily Mass.
- **Holy Matrimony** – Please call the Pastor at least six months before the proposed date of marriage. A date will not be set until the couple has met with the Pastor.
- **Baptism** – Please call the Pastor one month before the birth of your child.

► **Anointing of the Sick** – Please call the Pastor if you or someone you know is in need of being anointed.

PRAYER CHAIN

If you are interested in being added to the prayer chain, please contact: Teri Kemmer at tmk.spiritual.director@gmail.com. Our prayer list is not limited to parish members.

PARISH SUPPORT

March 3, 2019
Regular \$4,480.00 • Loose \$80.25

RESPECT LIFE

St. Joseph Parish prays the Rosary at noon on the 13th of every month at Planned Parenthood in Sioux Falls. All are welcome.

RELIGIOUS ED & YOUTH EVENTS

Contact Fr. Jeff Norfolk (info at top of bulletin) or Sandy Brown at sjbrown@itctel.com or 605-270-3117

- K-6: Sundays 9:30 am – 10:30 am
- 7-8: Wednesdays 7:00 pm – 8:15 pm

No Religious Education on the following dates:

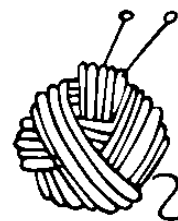
Sunday, March 10 – Confirmation
Wednesday, March 13 – Spring Break
Wednesday, April 17 – Holy Week
Sunday, April 21 – Easter
Last Religious Education day – Sunday, April 28

BIRTHDAYS

Mar 11 – Sue Baumberger
Mar 13 – Brad McDonald
Mar 17 – Pat Baumberger, Renee Nelson
Joe Henderson

ANNOUNCEMENTS

DONATION REQUESTED: Workers in the prison make yarn knitted hats to give away to people in need. They are looking for yarn to be donated. The yarn can be dropped off at East Side Lutheran Church, 1300 E 10th Street, Sioux Falls and Wayne Gallipo will get it to the prison OR you can drop off your donation into the box located in the St. Joseph Parish Hall and the entire box will be delivered to the Church.
Drop off your donations by March 24th.



THE HUNTIMER CHOIR IS IN NEED OF MORE NEW MEMBERS.



Join the Choir...
You'll Be Glad You Did!

We have five practice sessions left between now and Easter. Practices are on Wednesday evenings from 6:30 pm to 7:30 pm. We are especially in need of male singers. If you're looking for a new creative experience or if you're looking for new Lenten

experience please come and join us. No singing experience is required. No age requirement. All ages welcome.

► **ST. JOSEPH THE WORKMAN PRAYER GROUP** -

Please join us! Our upcoming prayer group meetings will be Apr 3, May 1, Jun 5 in the Church from 6:00 to 6:50 PM (We are meeting the 1st Wed of each month). All ages are welcome. Please bring your prayer intentions or e-mail them to tmk.spiritual.director@gmail.com. Prayer for healing is also offered by the prayer team so please invite those in need – everyone is welcome to receive prayer and they do not need to be Catholic.

RESIDENTS ENCOUNTER CHRIST WEEKEND SET APR. 5-7 (MARCH 15 SIGN UP DEADLINE)

Residents Encounter Christ (REC), a prison ministry, is looking for volunteers. As it says in Matthew 25:36 – “I was in prison and you came to visit me.” No formal training necessary, just a desire to live out the Gospel and see these men for who they are: children of God. If you're interested please contact Father Jeff Norfolk at jeff.norfolk@state.sd.us.

► **SEVEN SISTERS APOSTOLATE**- PRAYING SPECIFICALLY FOR OUR PRIEST- FATHER JEFF NORFOLK: WE ARE INVITING YOU TO JOIN US IN THE SEVEN SISTERS APOSTOLATE.

We have two openings remaining for the Sunday Holy Hour – Sunday & Monday.

It is A Seven Sister: One Holy Hour, One Priest, Each Week, One Heart of Prayer. A Seven Sisters group begins when at least seven women respond to a call to the mission of the apostolate. If more than seven women desire to pray in this manner, a core group of seven should be designated while others may substitute or provide additional hours of prayer. The recipient of a Seven Sisters group will be Fr. Jeff Norfolk. Each member commits to a Holy Hour on a distinct day of the week, thus covering a complete week. The commitment is to that day; the Seven Sister may pray at any time on that day. If she is unable to offer her Holy Hour, she is to secure a substitute, explaining the Apostolate's mission. The substitute need not be a woman. If unable to arrange a substitute, the member should contact the anchoress (Teri Kemmer) for assistance.

The Holy Hour is ideally prayed in the presence of the Blessed Sacrament – either in an Adoration Chapel or in front of a Tabernacle – but not restricted to the parish of which the Seven Sister is a member. Thus, one can remain faithful to the commitment when traveling, when a parish does not offer Perpetual Adoration, or when there is limited access to a particular church. This generous commitment of one hour per week of prayer is asked for a period of one year, but can remain open-ended in time as each individual discerns her call to continue. If you are interested please contact Teri Kemmer at 301-633-3844 or tmk.spiritual.director@gmail.com

► **ST. JOSEPH THE WORKMAN BIBLE STUDY**

Please join us for “Prayer: Finding Intimacy with God” -- Remaining sessions are March 13 & 27 and April 10 from 6:45-8:15 at the Parish.

We are invited to a personal encounter with God. Lectio Divina (divine reading) describes a way of reading the Scriptures whereby we gradually let go of our own agenda and open ourselves to what God wants to say to us. Though prayer is one of the essentials of a thriving faith, we often feel as if we're talking to ourselves—or, worse, as if we're talking to no one at all. How can something so vital to the Faith be so elusive? Now, with the clear teaching and artistry of the Augustine Institute's Lectio Divina series, Dr. Tim Gray masterfully uses the discipline of Lectio Divina to show us how to make prayer an effective effort of love and intimacy. In six video sessions, Prayer: Finding Intimacy with God captures the secret to opening our hearts and minds to Scripture as the means to hear from God and then respond in conversation, basking in his presence and resolving to live in and through his love.

Engaging and accessible, Prayer: Finding Intimacy With God includes:

--The Lectio Divina approach of Reading, Reflecting, Responding, and Contemplating

--Penetrating questions and insights for the six video sessions

--Additional resources for a fuller understanding and application

--Daily reflections to deepen the meaning of prayer in your life

--Space for personal journaling

NOTE: If you missed any of the sessions you can view them on the Formed website.

BELOVED: A WOMEN'S CONFERENCE—JUNE 15

The Diocese of Sioux Falls is excited to announce our second women's conference, Beloved, at the Sioux Falls Convention Center June 15. It is an opportunity for women, who do so much to serve their families, churches, and communities, to rest and receive the Father's love. Our desire is for you to leave refreshed and renewed, reminded of who you are and whose you are. Experience a joyful day filled with inspiring speakers, moving times of prayer, and fun with friends. Come, and be immersed in what it truly means to be a Beloved Daughter of God. For tickets or more information visit: <http://www.sfcatholic.org/adultformation/womensconference/>.

HEART OF A PRIEST: RELIC PILGRIMAGE OF ST. JEAN VIANNEY'S INCORRUPT HEART

CATHEDRAL OF ST. JOSEPH - 521 N Duluth Avenue, Sioux Falls - Friday, March 22

Reception of the Relic & Mass - 12:00 Noon

Celebrant: Bishop Paul J. Swain

Veneration - 1:00 PM – 7:00 PM

Stations of the Cross - 7:00 PM

JOB OPENING: MANAGING EDITOR/WRITER

The Catholic Diocese of Sioux Falls is seeking a creative, experienced individual to serve as a managing editor/writer. The qualified applicant will be a practicing Catholic with a journalism or related background. The managing editor will have primary responsibility for the writing and producing of The Bishop Bulletin. The successful candidate also will work closely with a team of professionals to accomplish the overall communication goals of the diocese. Photography, InDesign, and Photoshop skills are a plus. Submit a resume and writing

samples to Twila Roman, HR Director at
troman@sfcatholic.org

The Abbey of The Hills Retreats

www.AbbeyOfTheHills.org

605.398.9200 • 46561 147th Street
Marvin, SD 57251

► March 8th-10th, 2019 - Men's Lenten Retreat

The Faithful Steward – view flyer:

https://docs.wixstatic.com/ugd/09009a_1dfeed08a69445148fb4b525ec1a9db9.pdf

AREA EVENTS

Here's how to take part in 40 Days for Life in our community:

---Vigil Location: Outside Planned Parenthood

---Vigil Hours: 7:00 am to 7:00 pm daily from March 6th to April 14th



Mar. 17/St. Patrick Parish, Montrose will host its ham dinner with serving 11 a.m.-1p.m.

Mar. 22/St. George Parish Fish Fry (Hartford) will be Friday from 5-7:30 p.m. at the parish center, 408 S. Western Ave., Hartford; free will offering will be accepted.

Mar. 30/Catholic Daughters of the Americas Court St. Christina #2336 (Lennox, Canton, Worthing & Tea) presents "Grow where you are Planted" salad luncheon, card party, raff e and door prizes; Saturday from 11:30 a.m.-3 p.m. at St. Nicholas Parish Hall, 140 West Brian St., Tea; tickets are \$8; for reservations, call Diane Biver at 360-4679.

Mar. 31/St. Mary Parish, Dell Rapids, carnival and auction; carnival starts at 11a.m. with live and silent auction starting at 12 p.m.

Apr. 3/Empty Bowls will be held in the O'Gorman High School cafeteria from 5-7 p.m.; cost is \$5 for meal only; \$20 for families of 4 or more and \$15 for pottery bowl and meal; proceeds will benefit local agencies that feed the poor; silent auction of student pottery as well.

Apr. 14/St. Lambert Parish, 16th and Bahnson, Sioux Falls, parish dinner; tickets available soon in the parish office or call 605-336-8808 for more information.

Apr. 28/St. Mary Parish, Sioux Falls, will host its annual turkey dinner; serving 10:45 a.m.-2:30 p.m. at the church hall, 2109 S. 5th Ave.; take outs available; pre-sale cost: \$8 for adults; \$9 at the door; children 4-11: \$5; tickets on sale after all Masses Apr. 6, 7, 13, 14 and following 4 p.m. Mass only on Apr. 27; no Easter sales.

BROOM TREE

Silent Retreats

Men's 2019: 3/21-24 • 9/19-22

10/24-27 • 11/21-24

Women's 2019: 3/7-10 • 5/16-19 • 6/20-23

8/8-11 • 9/5-8 • 10/17-20 • 11/7-10

Day of Recollection

Broom Tree Days of Recollection begin at 10:00 am and consist of conferences, time for Adoration, Mass, and an opportunity for the Sacrament of Reconciliation. The day ends in mid-afternoon. Because lunch is also served, we ask that you please register. A prayerful donation is requested. Space is limited. Register early. TO REGISTER or for more Information call: 605-263-1040 or email: broomtree@sfcatholic.org

2019 DATES

March 12 - St. Joseph: Our Protector on Earth and Intercessor In Heaven - Directed by Father Anthony Urban

April 9 - What are people saying about miracles then and now? Miracles in an Age of Science

Directed by Monsignor Richard Mahowald
123 St. Raphael Circle, Irene, SD 57037
605-263-1040 • broomtree@stcatholic.org
www.broom-tree.org

WKLY READINGS

March 10 – Deuteronomy 26:4-10 | Psalm 91:1-2, 10-15 | Romans 10:8-13 | Luke 4:1-13

March 11 – Leviticus 19:1-2, 11-18 | Psalm 19:8-10, 15 | Matthew 25:31-46

March 12 – Isaiah 55:10-11 | Psalm 34:4-7, 16-19 | Matthew 6:7-15

March 13 – Jonah 3:1-10 | Psalm 51:3-4, 12-13, 18-19 | Luke 11:29-32

March 14 – Esther C: 12, 14-16, 23-25 | Psalm 128:1-3, 7-8 | Matthew 7:7-12

March 15 – Ezekiel 18:21-28 | Psalm 130:1-8 | Matthew 5:20-26

March 16 – Deuteronomy 26: 16-19 | Psalm 119: 1-2, 4-5, 7-8 | Matthew 5:43-48

Stuffed Baked Potato

4 medium baking potatoes

Vegetable oil

6 slices bacon, crisply cooked and crumbled

¼ cup sour cream

2 tbsp butter or margarine

2 tbsp thinly sliced green onions with tops

1 tsp salt

½ tsp white pepper

1 cup (4 oz) shredded American cheese

Heat oven to 350°F.

Scrub potatoes and let dry. Lightly coat with oil and place in shallow baking pan. Bake 1 hour or until tender.

Remove from oven. Cut in half lengthwise. Using a large spoon, scoop out insides of potatoes, leaving a 1/3" shell. In large bowl, combine insides of potatoes, bacon, sour cream, butter, green onions, salt, and pepper. Mash with hand-held potato masher until smooth. Spoon into potato shells. Place in shallow baking pan and cover with foil. Bake 20 to 25 minutes or until hot. Remove foil. Sprinkle with cheese. Continue baking 2 minutes or until cheese melts. 8 Servings